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JANUARY 2007 NEWS

Welcome to another new year, this will be our 14th year of operation and even though we are seeing students we once taught coming back as coaches and some as mothers it is still a pleasure to be involved with a great team all of whom enjoy teaching the sport they love and seeing children learn and achieve from all of our programs.

We have a new website commencing over the weekend 3rd/4th February, so check it out and offer feedback so we can continue to improve. The team also has new uniforms, hope they are now readily recognised on the floor, and please tell them they look good!

Our latest purchase was to top the floor with new mats and complete the under beam mats, we were lucky that another gym was revamping and they came available at half price (still \$7,000.00 though). Just remember kids that softer mats don't equate with more falls! A support group has been formed to help purchase more equipment, particularly in the understanding that our Club is not funded at all like most other sports centres. Details on the reverse of this newsletter.

Block 1 dates are 8th Jan > 11th March, also please note a new registration form needs to be signed every year or on trying for new members. It is crucial that these forms are up to date and accurate. Charges have remained the same for the commencement of 2007, registration fee is \$40.00.

Program changes have been made in the trampoline and WAG squad sections of the timetable, so please confirm the booked classes for your children. Invoices will be distributed in the file boxes same as last year, please collect yours to avoid the postage fee, they will be ready 2nd week of school. Any problems just check with reception.

A few new faces on the coaching team: Kristen Reilly is replacing Elena Armenis in kindergym, gymstart and WAG levels while Elena is overseas for 3 months. Angela Heffernan is helping Casey with the Squad girls and will replace Casey while she is overseas for 1 month, with Leah then helping Angela.

Katie's group fitness training for parents will be starting in February; forms are available from the front counter.

This year Dynamite is registered with the Government Active After-school communities program and will be key providers to after-school centres in our area. ActiveAfter-school Communities (AASC) is a national program that is part of the Australian Government's \$116m Building a Healthy, Active Australian package. It provides primary school-aged children with access to free, structured physical activity programs. The program is designed to engage traditionally non-active children in structured physical activities and build pathways with local community organisations, including sporting clubs.

Gym facility rental is being taken up by several other groups and the gym is now only available for casual leasing on Monday or Friday from 12md until 3pm, hourly rate is \$25.00. Any group using the facility must sign our casual lease agreement and carry relevant current insurances. No supervision or coaching is offered in this agreement, personal training can be organised by arrangement with a suitably qualified coach, and cost is \$50/hour.

Parents, just a reminder that all children need to be dropped off and collected from inside the venue. It is inappropriate to have children walking through an industrial estate at any time, particularly in the evening. It is OK to bring your car fully to the netted area for drop offs and pick ups, normally you can only park Heather in and she tends to be here most of the time! Also kids playing in the car-park, need to be supervised by a parent and the area should not extend past the yellow line marking the neighbouring factory's drive-in entrance.

Last but not least remember those drink bottles...lots of water in this weather...

AND A BIG WELCOME BACK!