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## OCTOBER 2007 NEWSLETTER

**Welcome** to another new block and all the end of year activities! All our major competitions are now finished, trampoline has one more interclub on 17<sup>th</sup> and 18th November, good luck to all.

Great results for all our competitors, it is an honour just to qualify for State Championships, and we must include a great big thank you to the coach's, who give so much at competition time.

*Casey Thompson (WAG), Anna Platt (Trampoline) and Dane Smith (MAG)  
State Competitors: Belinda King, Ryan Roberts, Connor Anderson, Dorian Shuker, Connor Smith,  
Hugo VanBuuren, Lachlan Rowan, Kirsty Hollier, Cy Nageli and Nicole Platt.*

Lachlan achieved apparatus gold, and the trampolinists made it through to the finals!

### BLOCK 4 AWARD WINNERS

<b>Gymstart:</b>	Julia Richardson, Grace Lewis, Donna Rose Konstantino, Merion Knoetze, Lara Hughes and Caitlin Ashley.
<b>Gym Teens:</b>	Amy Barton, Jordana Gunter and Thomas Uhlmann.
<b>Trampoline Rec and Junior:</b>	Anton VanBuuren.
<b>Trampoline Levels :</b>	Charley Allen.
<b>WAG Levels:</b>	Temika Smith, Caitlin Guarrera, Sarah Harris, Kate Duffy and Tatem Ashworth.
<b>MAG Levels and Squad:</b>	Lachlan Rowan.
<b>Junior WAG Squad:</b>	Hannah Taylor.
<b>WAG Squad:</b>	Ellen Cox and Taylor Clayton.

### BLOCK 5 DATES AND EVENTS

Block dates are 16<sup>th</sup> October until 16<sup>th</sup> December 2007 and we will reopen on the 7<sup>th</sup> January 2008. All invoices should have been prepared and collected from the boxes at reception; any uncollected invoices will be posted on Friday 26<sup>th</sup> October after the addition of an admin and postage charge.

***Club Display and Presentation afternoon*** will be held at Dynamite on Saturday 24<sup>th</sup> November, commencing at 4pm. All classes will create a mini performance of the skills they have learnt to show their family and friends. We also have some "different" performances from our coach's and other groups associated with Club Dynamite. It is always a fun event and showcases all the variety of skills and activities within the Club, however be warned, it can be hot and crowded in the gym, but we can't take the equipment elsewhere. So please come along, be prepared for standing or sitting on the floor, also to have a great afternoon and support your child's sport and the Club!  
Further details will be available early November.

Gymnastics Queensland is hosting a Festival, "Bring It On Brisbane", in the city centre, top of the Queen Street Mall (Reddacliff Place, George Street end), on Sunday 2<sup>nd</sup> December. See notice board for further details or go to [www.gymqld.org.au](http://www.gymqld.org.au) and follow the Festival links.

Club Dynamite is still planning our performance arm for the development of professional shows; we are at present looking for expressions of interest from ex-competitive gymnasts and dancers. Leah Tinley and Anna Platt will be the coordinators with Rebecca Smith and Samantha Horrell as program coaches.

The focus will be purely performance work. The class will be a selection of students with extensive gymnastics, acrobatics, dance, circus or circus backgrounds. This class will not teach new skills, but collectively use the skills already learnt and place them in a choreographed showcase to be performed at various functions and tours.

The students will learn how to perform, choreograph, and select music, skills and costumes for an "act" or performance. As well as have a lot of fun doing it!

Leah has travelled extensively overseas and all around Australia performing and teaching professionally. She currently works for a number of different companies including Raw Dance, Industrie One, Mad Dance House, Stalker Theatre Company, Zest Factor and Bomba Management. Leah trained for over 10 years as a gymnast, before training in circus and dance. She is now a professional breakdancer, competing, teaching and performing fulltime.

Anna also trained as a gymnast, acrobat and diver before becoming a coach specialising in trampoline. Anna has been involved with many schools drama and performance workshops and young people's circus companies. Anna has been invited to America twice, to train Paradizo Dance an Acro-Salsa dance team in New York. She is highly regarded as a coach in the circus community and regularly organises holiday workshops for a variety of organisations.

Our new classes have been successful this block, coach Elena has prepared a quick report on each group:

**Cheer:** The cheerleading class has been working well as a team, concentrating on their tumbling and sports acrobatic skills as well as some pomming drills and techniques. The aim is to commence competitions next year.

**MAG Level 1:** The new MAG class was a big and exciting step up from gymstart for the boys involved. They have proved that they are capable of the higher skill level required and they have shown initiative and great enthusiasm towards working hard to improve their strength and learn the more difficult skills.

The Hip Hop class has been cancelled for Block 5 as we only had 3 participants, this type of class really needs a group of ten or more to "feel" the energy of group dance. So please talk amongst your friends and hopefully we can start again in 2008. Anyone interested, leave contact details at reception.

### **Gradings:**

There has been lots of success and hard work in all the relevant areas of the Club. WAG level girls have had great achievements in their strength and flexibility results and their in house apparatus level testing.

In gymnastics, gymnasts grading level 4 and above need to go to a Queensland sanctioned event to achieve their level test. This is a very hard with harsh deductions for any error. Consequently we are very proud to announce that the whole of Casey's squad tested recently and 80% succeeded, the girls that didn't quite make it only had problems on one apparatus and passed all other apparatus.

Congratulations to: Belinda, Tiarne and Amy Level 5, and Level 4 was Blaize, Liesl, Danica, Ellen, Jessica, Brittany and Taylor.

***Looking forward to seeing you all at the Club Display afternoon!***