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## MAY 2008 NEWS

*HI ALL*

The Club is really flying this last block, with most classes running at capacity. It is fantastic to see all the new faces.

As a result, we have changed the gymstart program to make it flow better and give more individual instruction. In general we take bookings to 12 gymnasts per coach, but because we allow make-ups there have been some days at nearly 15, I will be looking at different ways to strategise this situation. Gymstart parents will have noticed the skill assessment section included in the class program, and as result you will have a skill list certificate presented to each child on the last week of the block. This is also where we recommend any class changes, the scoring explanation is on the back of the certificate and a full description of the skills is on the notice board and available from reception.

**WAG Levels** is also performing fantastically thanks to the dedication of coach Katie Lewis with regular skill assessments, strength & flexibility testing now all being correlated through our PDA's and available in each child's data records. Consequently there are rewards being handed out every class and apparatus ribbons and level badges on completion of each gymnast's level. Individual assessment sheets will be handed out regularly encouraging parents to be involved in their child's achievements.

All the competition squads are in full swing with their major events happening over the next 2 months. Trampoline competed States the first weekend in May. The boys had a trial comp at Lawnton and the girls have competed at Spring Hill, Mitchelton. Next weekend will see them at Morton Bay College then it is all preparation plus for Regionals at the end of May. We wish you all the best of luck and excuse the occasional waves of tension as you all prepare for competition.

**Brisbane South Regional Championships WAG 30/5>1/6 at Morton Bay College**

**MAG 7/6>8/6 at Y West**

**Block 3** commences on 19/5/08, please remember to collect your invoices from the labelled boxes on the reception counter. If invoices remain uncollected by the 4<sup>th</sup> week of the block they will be posted with an additional \$2.00 admin fee added to the total. Thank-you to all of you who have adopted the direct credit system of payment, it has been easier to manage and also allows us to have the desk unmanned some evenings. (In other words I can go home at 6pm instead of 8pm, the goal of every business owner!)

## **CONGRATULATIONS**

Anna & Scott on the birth of their daughter Caitlin Louise.

Casey & Scott on their recent engagement we wish them the best of luck.

Heather who now has a real grandson of her own, Jonathan Leif born 27/5/08, consequently I will be absent from the club 11/5>17/5 to attend to my grandmotherly duties in Adelaide.

## **A FEW REMINDERS**

It is getting colder please make sure children have some warm clothes to put on after training, the temperature changes from working out – to strolling down the car park can cause a chilled little body.

Vault run safety, we have implemented a WHS rule that the run up is barricaded from the rest of the Club while in use and the Bunning's side roller door will be closed to prevent accidental stepping into a gymnast whilst running for their vault.

As the Olympic countdown has commenced so too has our mini Olympics with all the excitement planned for the June/July school holidays. The red, blue and yellow team members have all now been allocated, if you are unsure of your team, all names will be placed on the main notice board during the next week. All classes will host different in class events/competitions during the holidays that will be awarded points for their team tally, including a point for every holiday class attended. The club has been divided equally between squads to the kindergymers, with the squad members becoming the captions and vice captains. We aim to create camaraderie amongst the club and a fun build up to the Games.

## **CONGRATULATIONS TO ALL BLOCK 2 AWARD WINNERS**

Gymstart	Lucy Hallan, Pryia Matthews, Tom Parker, Emma Korst, Sorchell Kennedy
Gymteens	Alexandra Whybrow, Jo Butler
Cheer	Isabel Johnston
WAG Levels	Riley Adams, Cara Wing, Gabrielle Parker, Laura Whitney, Sarah Greening-Devlan
MAG Levels	Zac Lingard
WAG Squad 3	Bianca Kempen
WAG Squad 2	Lily Weir
WAG Squad 1	Brittany Walklate
MAG Squad	Connor Smith
TRAMP LEVELS	Christel Kandros, Keeley Linklater
TRAMP Squad	Kirsty Hollier

I think that's all for now, however if you wish to talk more please feel free to approach any of the admin staff, please respect that coaches should not be approached for a conversation whilst they are coaching as their duty is to the child, or email us on [admin@clubdynamite.com.au](mailto:admin@clubdynamite.com.au) and specific times can be arranged.

Please remember that your feedback (both good & problematic) is our greatest learning to ensure we always provide the best possible environment for every child that walks through our door to improve their self-empowerment and physical fitness to help them grow into a confident adult.

Thank you for all choosing our Club  
Heather