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JULY 2008 NEWS

What an exciting time we had with the mini Olympics in the classes over the school holidays with lots of fun competitions and roars of go team red/yellow or blue. All who attended these holidays received a gold medal and many coloured stars either for participating or scoring team points. One of the nicest points was the senior gymnasts coming along and helping in the junior classes and also being able to show-off their favourite routines, this benefited both the juniors seeing the big skills and the seniors receiving the accolades they deserve. A great holiday atmosphere and our congratulations to all who got involved!

FINAL TEAM TALLY YELLOW 842 BLUE 664 RED 616

Next school holidays we have planned all day vacation care, so children can be dropped at 8.30am and collected at 5.30pm, final costing to be confirmed. Club Dynamite is a registered care provider, allowing you to claim the cost of the holiday programs if eligible. Each day is programmed with themes such as craft day, sports day, performance day, even including a visit to the local park for outside events. The last Friday of the holidays all participants will perform a group display for their parents to show off all the cool things they have tried over the holiday program. Note normal classes will also be operating as usual, and they will have the added attraction of bring a friend at a special rate of only \$5.00 per class, to any class with the exception of the squads where the skill level is too high to assimilate inexperienced students.

Block 4 commences on Monday 28th July, so remember to collect those invoices from reception. Note we will be open Ekka Wednesday! Come along for our huge Ekka circuit lots of fun and cheaper than the Ekka!

EVENTS

Dynamite's own club competition, open for all classes including gymstart but with the exception of kindergym (that's a bit hard to manage). SUNDAY 7/9/08

Sorry Dads it is Father's Day but I am sure your children will make it up to you if you let them come! All participants will be taught routines to perform individually and they will be awarded gold, silver or bronze instead of scores.

Participants entry \$12.00 due before 29/8/08-----Audience free

Bring It On Brisbane Festival, a Queensland gym event including displays, circuit competitions for recreational gymnasts and performances from a Danish Display Team. See notice board for more details. 16/11/08
Queen Street Mall

Club Dynamite's own Display evening, A show consisting of performances from every section of the club including kindergym and various other artists. 29/11/08.

BLOCK 3 AWARDS

GYMSTART Bridie Webber, Emma Giles, Meabh Donovan, Lili Cowin, Marshall Schuh and Sharlotte Chesmer.
GYMFIT TEENS Daniel Cope, Karissa Boyer, Isabella Davis and Slade O'Shea
CHEERLEADING Vanessa Cavallero
TRAMPOLINE Dayn Wilson and Grace Lenahan
MAG Hugh McClurg, Connor Anderson and Ryan Roberts
WAG LEVELS Gabrielle Cordina, Rebecca Holman, Leilani Lee, Susie Walklate and Madeline McDonnell
WAG SQUADS Maya Nishdo and Belinda King

Kindergym News from Kristen

Over the past few months our kindergym program has become very busy with all our classes filling up with new little faces. This is great to see! I would like to say a big Well Done to all the kids for their hard work and that it's great to see them developing in all areas - physically and socially.

Due to the positive feedback about the large whole gym circuit we did during the mini Olympic week, we have decided to do this type of circuit again throughout the block. All the kids had a lot of fun participating in the "Olympic Games" and receiving their medals and stars.

We would like to remind all our parents and families that when participating in our kindergym program, parents are required to participate and supervise all their children. This is for the safety of all participants in the gym. Please collect your copy of child safety in the gym from reception if you don't already have a copy.

Gymstart News from Kristel

Congratulations to all our gymstart kids for the fantastic effort they have been putting into their classes so far this year. Every week they have been bringing to their classes an amazing level of energy and enthusiasm which sends a vibe of excitement right throughout the gym. It's so exciting to see them all lining up for class, just itching to get inside the gym and test themselves to attempt new challenges!

The progress we have been seeing is wonderful, many of these kids have gone from being quite scared to stand on top of a beam to confidently balancing, swinging, climbing, jumping, rolling and turning upside down. We are seeing improvements in everyone from perfecting those gymnastics skills to improving their listening skills and team work.

Over the school holidays our gymstart kids played a major role in making the club dynamite mini Olympics a great success. They all competed so enthusiastically for their teams and loud cheers of "Go red team!" "Go blue team!" "Go yellow team!" could be heard through the whole gym (perhaps even through the whole street). Thank you so much to all the senior gymnasts and trampolinists who came down to help out with our classes, you were a real inspiration to the little ones and it was great to see the camaraderie forming between all the different age groups. We have a lot more excitement planned for the remainder of 2008, with lots of new skills to learn and lots of fun to be had. So keep up the good work everyone!

Cheerleading from Samantha

The cheerleading team is doing well, stunts and tumblers are getting better every week, and routines are coming together. Unfortunately we did not have enough people to compete this season; however we defiantly want to try next season at World Cup Cheerleading competitions. These competitions are mainly for teams from levels 1-3, with higher levels also competing, and will be a great experience for the girls.

More team members are always welcome! Give cheerleading a try today.

Note also a timetable change for Block 4 commencing 29th July as I have full time tafe this semester.

Gymfit Teens from Kristel

This year Dave and I have had the pleasure of coaching the gymfit teen's classes. One of the first things we noticed about this group was their incredible enthusiasm and desire to learn, as a result they have been a fantastic group of kids to work with and are making excellent progress in all of their classes.

We are currently revamping the program to include lots more gymnastics skills and have been introducing the kids to all areas of gymnastics, tumbling and trampoline. Well done to everyone for your willingness to give everything a try! We are very happy for you to let us know the areas that interest you the most and the skills that you aim to learn so we can further design the program to best suit your needs.

Trampoline from Anna and Dave...

Congratulations to all trampolinists who have competed so far this year. Our Senior trampoline squad travelled to Gosford earlier this year as part of the State Development Squad. They competed at Gosford in the NSW State Age and Elite Championships on the 5th and 6th April, where Kirsty and Nicole placed 5th in the Synchronised event. Our

next senior competition will be the National Club Championships to be held on the 30th and 31st August at Ormiston College.

We have also had some fantastic results from all our interclub competitors. We have our next interclub competition to be held at Bayside PCYC on the 9th and 10th August. Any parent help at our interclub competitions would be very much appreciated. Please let us know if you can help at these events. Finally we would like to wish all our trampoline competitors the best of luck for all the up coming competitions. We have seen some fantastic results this year and look forward to the continuing efforts from all our trampolinists.

MAG Levels from Samantha

Strength, flexibility and building of basic skills are the focus of this program; all the boys have come a long way especially in their strength! The goal now that the boys are stronger is working on their ability to put skills together to form the routines required for grading and competition. I would love to see all the boys attend the club comp on 7/9/08 and maybe we can start taking them to interclub competitions later this year or next year. Also note timetable change for Block 4 due to my current study commitment.

WAG Levels from Katie

All our girls have been fantastic this year with many achieving new grades and definitely everyone improving with their strength and flexibility results. The year has seen lots of effort go into the better use of our electronic systems, thanks to lots of help from Travis McKinnon of Fusion IT Solutions.

The girls really got into the spirit of the mini Olympics over the last school holidays with everyone trying that bit harder to gain points for their team. Also I have to say some of the team posters that came in to earn points were outstanding, special mention must go to Lucy Crosby for her poster that had layers of the Olympic symbols, very well presented!

The club competition is coming up in September and I would hope all the girls can attend, this one is more for confidence and presentation rather than grading, the scoring being based on gold, silver and bronze rather than scores. The usual grading in class will still be done, just so no-one misses out! And also set aside the afternoon on Saturday 29/11/08 for Club Displays, all groups are taught a group routine to show-off their skills as a fun way to end a year of amazing effort and it is a chance to see the rest of the club perform.

To Kate, from the rest of the Club: Kate we are sad to see you leave us after being with the Club since you were 9 years old. However we all have to let you fly and achieve your dream, with degrees in special ed and pursuing your career goals. Kate from all of us THANK YOU for your dedication, caring personality and work ethic to make the WAG levels program the outstanding success that it is today.

Rebecca, Samantha and Kristel will continue to coach the program with the addition of Amanda Prange and David Allen. David is already coaching our trampoline program and has previously coached WAG at Redlands Club; Amanda is a Dynamite original, initially as a gymnast in our first years (1991), then coaching our development squads before she took time off to start her own family, great to have you back!

MAG Squad from Dane

Determination and perseverance was the two outstanding characteristics that I based the Block 3 awards upon, and the gymnasts selected are Ryan Roberts and Connor Anderson.

Thank you to all the parents of the squad boys for all their continued and wonderful support this year, especially in the lead up to State Championships.

Big congratulations to the boys this year for not only passing their new levels but all qualified for State Championships. This year the boys competed in the following levels:

Level 4 under Liam Hardie

Level 4 open Lachlan Rowan

Level 5 under Connor Smith, Connor Anderson and Dorian Shuker

Level 5 open Ryan Roberts

The stand-out performance at States was by Dorian Shuker, who earned a silver medal on the pommel horse. Well done Dorian!

To all the boys, you have done your coach, parents, club and yourselves proud! Good luck as we begin preparing for the new challenges ahead!

Note we are arranging for the Wednesday class to be held at Chandler to give the boys access to the very best International equipment, thanks to our longstanding relationship with the High Performance Centre.

WAG Squad from Kristen

Our competition squads (Level 1-6) have been very busy competing in a wide variety of competitions. I would like to congratulate all the girls on their efforts. Well Done Girls!!!

For our level 1-3 girls it has been an exciting journey, for most of the girls this has been the first competition season they have ever participated in. We travelled to Beaudesert for our first comp and all the girls were waiting anxiously with butterfly's in their stomachs for the competition to start. We had a group handshake and cuddle and then marched onto the floor. This is when the girls performed at their very best, showing the judges who could win!

Level 2 Congratulations: Hannah Taylor 2nd overall, Nikita Wright 3rd overall, Maya Nishido and Bianca Kempen. All the girls walked away with lots of ribbons, medals and trophies.

Level 3 Congratulations: Emma Madden 1st overall, Indiah Linklater 2nd overall, Crystal O'Shea 3rd overall and Stephanie Zeilinga, again lots of ribbons, medals and trophies!

We would like to wish all our level 1-3 girls Best of Luck for their next comp at Beenleigh PCYC on Sunday 20th July. You Go Girls!!

As for our Level 3-6 girls, they have been very busy working hard learning routines and perfecting them for their competitions. From level 4 onwards gymnasts need to attend sanctioned competitions to achieve their level grading, prior to that they can be graded in Club.

Gymnasts achieving levels so far this year are:

Lily Weir and Jessica Bowley	Level 4
Jessica Cavallero and Liesl Wium	Level 5
Taylor Clayton and Brittany Walklate	Level 4 & 5
Belinda King	Level 6

This group's first major competition was the Moreton Bay Invitational; this was a tough competition for the entire group. The girls marched onto the competition floor and stood very tall and proud; they all performed at their very best and cheered each other on. For the level 3 girls, this was their first competition so Well Done Girls! During this competition 5 of our girls qualified to compete in the Regional Trials, which was also held at Moreton Bay College a few weeks later. All the girls did their very best with Belinda King qualifying for State Titles. Well Done Belinda!!

Our higher level girls also travelled to the Beaudesert Bowl Competition. All the girls were very excited and ready to have some fun. We all stood in line ready to march onto the comp floor, with big smiles and laughter, presented to the audience and then marched as a team to their first apparatus. We twisted, turned, rolled, jumped and flew our way through the competition and came down landing on the podium.

Level 4 Congratulations: Lily Weir and Danica Stitz 2nd overall, Aisling Lane 3rd overall, and Ellen Cox.

Level 5 Congratulations: Taylor Clayton 1st overall, Liesl Wium 2nd overall, Jessica Cavallero 3rd overall, Brittany Walklate and Jessica Bowley.

We would like to wish all the level 4-6 girls the best of luck for the up coming competition which will be held at Splitz on Saturday 16th August.

A Big Congratulations to Belinda King on her efforts at State Titles where she placed 18th overall, she was very excited but also a little nervous on the day. Belinda had one goal for the year and that was to qualify for States at level 6 and she did it. Well Done!!

Congratulations to all the Squad girls on your results keep up the great work during training. We are out there to have fun and be a competition team!!

Thank you all for choosing Club Dynamite and we look forward to a fantastic Block 4.

BLOCK 4: 28TH JULY TILL 5TH OCTOBER