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DECEMBER 2008 NEWS

“SUPERCALAFRAGILISTICEXPIALYDOSOUS!”

There couldn't be a better superlative to describe what a fabulous year it has been! Well done to everyone for making 2008 so successful.

Club Dynamite Display night – What an amazing evening! With over 500 spectators and performers getting involved, in what ended up being an absolutely magical night. All the kids hard work shone through as they displayed their skills for parents and friends and collected their well deserved trophies. Thank you to the special performances from the Scream Team, they always get the crowd going with their stunts, and then the beautiful silks routine from Lena all added magic to the evening. Also thanks to Chefs Toolbox, who donated one of our raffles and displayed their amazing kitchen utensil range. (www.chefstoolbox.com.au)

The response to trophies at display night was overwhelming and unfortunately those with late RSVP'S could not attend due to the logistics of the event. So, next year we will plan for even larger numbers and have two shows so that nobody misses out.

As all students have worked so hard throughout 2008, we have decided to award ***Gold medals to every child that is at training during the last week*** (8th-13th Dec). So even if you haven't booked in come along and pay the casual rate for the class, enjoy our Christmas circuit and get a gold medal!

We are having a rest from 14th Dec until 5th Jan. Due to the fantastic success of our last vacation care program we will be offering it again these school holidays. Our vacation care program will begin on Monday January 5th and run through to the end of the school holidays!

All classes for 2009 will kick start on Monday 12th of January (2 weeks before school goes back). We look forward to seeing you all in January for another fantastic year!

BLOCK 5 AWARD WINNERS

Gymstart	Myah M, Georgie T, Abigail G, Matthew D, Stephania T and Jessica S.
Gym Teens	Veronika S, Tiara T and Molly B.
Tumble	Vanessa C.
Cheer	Gabrielle C.
MAG Levels	Dylan F.
WAG Levels	Mya T, Cody L, Siobhan G, Sarah S and Lara McK.
MAG Squad	Todd H.
Jnr WAG	Bianca K.
WAG Squad	Jessica C.
Trampoline	Kirsten H, Kate J and Nick L.

SQUAD REPORTS

Kindergym from Kristen: I would like to start by congratulating all our kindergym children and the parents that participated in display night, you all did a fantastic job. The night was a big success. Well it has been a fantastic year for our kindergymers, learning skills and developing the confidence to explore all the exciting and different activities offered in our program. Our saying is that if you do gymnastics first you will do everything else better both physically and scholastically. Looking forward to starting again next year with some of the 5 year olds moving to gymstart and other new little ones joining for the first time. Wishing you all a wonderful Christmas.

Gymstart from Kristel: Well done to all our Gymstart classes for a fabulous year of learning and fun. Right from the time the kids line up for class each week, they show incredible enthusiasm towards learning and progressing in gymnastics. All the coaches have enjoyed watching their skills and confidence grow from week to week, as we hear them call out to us “look at me, I can do it!”

This week you will receive your Gymstart certificates. We have made a few changes to the certificates this block. The skills have been updated from last block and a list of the skills and marking criteria can be found on the front notice board. We are now marking on a scale from 1-5 as follows.

- 1 – Beginning
- 2 – Learning
- 3 – Developing
- 4 – Competent (good)
- 5 – Outstanding

I look forward to seeing you all in 2009 as you continue to enjoy the challenge of learning gymnastics.

Gymstart Teens from Kristel: Both Heather and I have thoroughly enjoyed working with the gymteens classes throughout 2008. They have been truly excited about learning and given us an amazing amount of their energy and enthusiasm. We have noticed major improvements in all of their strength and tumbling skills this year.

This has been a wonderful program where they have been able to experience all aspects of gymnastics, tumbling and trampoline as well as building their fitness levels. We look forward to seeing you all in the New Year, and hope you continue to enjoy being fit and active people!

WAG Levels from Samantha: First of all I would like to congratulate all the girls for the amount of hard work they have all put in this year! Coach Katie leaving us to go and study in NSW was not an easy change for anyone. She put an incredible amount of energy into the WAG levels program, which is very hard to rival, but Amanda has done an amazing job in taking over the planning of Wag levels classes. Unfortunately, Amanda has had to take some time off and will be returning in the New Year, we all wish Amanda the very best during this time and eagerly look forward to her return.

The change of lesson plans we implemented into the last block giving the girls more time on apparatus has given them more time to work on those skills which take some time to master. The standard of all the girls in the classes has increased and you should all be very proud of your new achievements, I know your coaches are! Next year will bring with it new skills and lots of excitement, have a great Christmas break and I can't wait to see everyone back for a new year at Dynamite!

MAG Levels from Samantha: These last few months have brought new skills and new strength developments for everyone. We have been putting a lot of focus on building up strength and flexibility in order to progress to newer and harder skills from the level one and two routines. Next year we will be focusing on building routines to a competition standard and taking the boys to competitions outside of Club Dynamite. Everyone has put in 100% effort throughout the year, which is absolutely fantastic, I know that next year you will all bring that same level of energy back with you and I look forward to it!

Trampoline from Anna: Another fantastic year for all our trampolinists. All of you have achieved new skills and trained well. This year has been the biggest competition year for our seniors, all of them exceeding all expectations at both State and National Levels. Looking forward to next year with our first competition in March, see you all at training from the 12th January.

A special thank you to everyone for being patient and caring with our new baby Caitlin, your generosity has allowed me to continue coaching the sport I love with a new baby. Thank you and have a safe and happy Christmas.

Cheerleading from Sam: Good work girls on getting those stunts we have worked so hard to get these last few months! You have all put a lot of hard work into the team which has at times been not so easy due to people being away. We have however now built the team up and improved our dancing, tumbling, jumping and stunting abilities. Next year with some more hard work from everyone, and some new members which the New Year will bring, we will be ready to compete at our first round of competitions and get some new routines to show off for displays and friendly competitions. Don't stop cheering girls!

MAG Squad from Dane: Firstly, I would like to make a special mention to the winner of the block 5 Gymnast of the block – Todd Henderson. I personally would like to congratulate Todd for his persistent and dramatic physical, mental and skill improvements over the past year. Well done Todd, keep it going!

Secondly, the boys are now training towards level 6 and it is going to be a tough challenge for the squad. Level 6 comprises of daring skills, giant swings and intricate skill combinations, all of which require immense amounts of bravery, strength and determination. I am very pleased at the progress all the boys have made since block 4, and I am confident the boys will be competitive at the next year's state championships in their new level.

Congratulations boys, keep up the good work.

WAG Squad from Kristen: Wow! What can I say! Club Dynamite's WAG competition squad have proven to be a very strong team over the past 12 months. With all the girls achieving many personal goals and every single member of the team winning awards in competition!

The last few months have seen us participate in 2 major competitions. Our level 4-6 gymnasts competed at the Splitz Invitational in August. This was a tough competition and all our girls performed brilliantly. Well done girls!

In early November the full squad competed at the Mitchelton Invitational and levels test. All 18 of our gymnasts from level 1-5 put forward a fabulous effort.

The squad achieved many placings at both these events to make it a very successful finish to a very successful year.

Congratulations to those girls who have now passed their levels test.

Level 1: Harper and Maddie

Level 2: Hannah, Nikita, Maya and Bianca

Level 3: Stephanie

Level 4: Danica, Crystal, Indiah, Aisling and Emma

This is a huge achievement and you should all be very proud!

With all our competitions for the year now over, the girls have now entered their skill development season. This is an exciting time for the team and we often hear cheers from all the girls as they master new and challenging skills.

We would also like to wish a very warm welcome to the newest members of the Jnr WAG Squad – Sahara and Kayla.

I would like to say a HUGE thank-you to all the girls and their families for a great year and hope that next year will be even better! I wish all our Dynamite families a happy and safe Christmas and hope to see you all in 2009!

Performance from Kristel: Congratulations to our new Club Dynamite performance team for placing 1st in the Bring it on Brisbane performance competition! Their performance became the talk of the show as they received very high praise from Gymnastics QLD for their high quality and crowd pleasing display!

Our team faced some extreme challenges on the competition day that would have stopped many professional performers. Despite these challenges, the team came together and decided to complete the competition. They gave the audience 110% of their energy and spirit to come away with the gold medal, proving to all who watched that they were true performers!

Our 30 member team comprises a group of talented and dedicated gymnasts, trampolinists, cheerleaders and tumblers. This is just the beginning of a very exciting path for our performers as we are now preparing to take the team to the Aussie Gymfest which is a national level competition.

Vacation Care Program

As you are all aware Club Dynamite offered a vacation care program over the September school holidays, which was a great success. The children had a lot of fun and participated in a wide range of activities.

We will be providing the same service over the Christmas holiday from **5th January to 23rd January** 2009. This service will run from Mon to Fri for 3 weeks from 8.30am-5.30pm. Children must be over 5 years of age.

There will be lots of activities including: cubby building, trampoline sessions, gymnastics skills, art and craft activities and some excursions to ten pin Bowling, Lollipops and athletics in the local park.

The program is on the front notice board and booking sheets at reception. Cost is \$35 per day or \$150 for the week. We are a registered vacation care provider; rebates can be claimed from centre link.

If you have any suggestions that the children will enjoy doing please write them down and give them to Kristen. All of your ideas are important to us.

In closing, just a reminder to endeavour to get along to classes in the final week (**Dec 8th-13th**) as all gymnasts will be awarded a medal for their fabulous efforts this year and we look forward to seeing you all in 2009 with our classes commencing on January 12th! Please book your start date for 2009. Thank you again to everyone as you all contribute to the energy of the Club allowing each of the coaching team to give back those wonderful life skills of enjoying achievement and being happy and healthy.

Have an absolutely wonderful Christmas and New Year, stay safe and healthy, and we will see you all again in 2009.

Best Wishes from Heather and the Dynamite Team